



INAS SIVUS INDIA

Sports Beyond disAbility
For Persons with an Intellectual dis-ability

GUIDE TO ATHLETE ELIGIBILITY

Provisional

National

International

ELIGIBILITY

Athlete Eligibility

Eligible Impairment within Virtus and INAS SIVUS India

II1 – Athletes with an Intellectual Disability

The American Association on Intellectual and Developmental Disability (AAIDD, 2010) definition of intellectual disability, which is consistent with that of the World Health Organisation (WHO, ICD-10 and ICF, 2001) states that 'Intellectual Disability is a disability characterised by significant limitation both in intellectual functioning and in adaptive behaviour as expressed in conceptual, social and practical adaptive skills. This disability originates before the age of 18'. Limitations in adaptive behaviour affect both daily life and the ability to respond to life changes and environmental demands.

Based upon this definition, the Eligibility Criteria for athletes with an intellectual impairment is:

1. Significant impairment in intellectual functioning which is defined as a Full-Scale IQ score of 75 or lower, and;
2. Significant limitations in adaptive behaviour as expressed in conceptual, social, and practical adaptive skills. This is defined as performance that is at least 2 standard deviations below the mean of, either:
 - a. One of the following 3 types of adaptive behaviour: conceptual, social, or practical skills
 - b. An overall score on a standardised measure of conceptual, social and practical skills, and;
3. Intellectual disability must be evident during the developmental period, which is from conception to 18 years of age

Athletes must meet all 3 elements of the criteria to be eligible for consideration for intellectual disability sport.

II2 - Athletes with Down Syndrome

Initially, II2 will be restricted to athletes with Trisomy 21 or Translocation Down Syndrome (note athletes with Mosaic Down Syndrome may only apply to II1).

WHO defines Down Syndrome as 'an intellectual impairment 'caused by extra genetic material in chromosome 21'.

Based upon this definition, the eligibility criteria for athletes with Down Syndrome is:

1. A formal diagnosis of Trisomy 21 or Translocation Down Syndrome, and;
2. A statement that the athlete is clear of symptomatic Atlantoaxial Instability (AAI) - a common orthopaedic problem seen in people with Down Syndrome

Note: The criteria for this group will be revised and expanded as the project progresses/research data becomes available.

II3 – Athletes with Autism (no intellectual disability)

Autism or Autism Spectrum Disorder (ASD) as it is now commonly known, is defined by the World Health Organisation (WHO) as 'a group of complex brain development disorders. This umbrella term covers conditions such as autism and Asperger syndrome. These disorders are characterised by difficulties in social interaction and communication and a restricted and repetitive repertoire of interests and activities' (WHO Autism Q&R Factsheet, 2016 (<http://www.who.int/features/qa/85/en/>)) Based upon this, the eligibility criteria for athletes with autism is:

1. A Full-Scale score of IQ of 76 or above, or no diagnosis of intellectual disability, and;
2. A formal diagnosis of Autism or ASD carried out by a qualified practitioner, using accepted diagnostic techniques.

Virtus and INAS SIVUS INDIA wishes to advise that these criteria are subject to change following the trial project.

Athlete Category - INTERNATIONAL

INTERNATIONAL PARALYMPIC COMMITTEE & PARALYMPIC COMMITTEE OF INDIA

INTELLECTUAL IMPAIRMENT
(DOWN SYNDROME ATHLETES CAN
PARTICIPATE IN THE INTELLECTUAL
IMPAIRMENT CATEGORY
PROVIDED THEY ACHIEVE THE
QUALIFYING STANDARD)

VIRTUS WIIS

II 1 – INTELLECTUAL IMPAIRMENT
II 2 – DOWN SYNDROME
II3 – AUTISM (NO INTELLECTUAL
IMPAIRMENT)

INAS SIVUS INDIA

II 1 – INTELLECTUAL IMPAIRMENT
II 2 – DOWN SYNDROME
II3 – AUTISM (NO INTELLECTUAL
IMPAIRMENT)

Athlete Category – NATIONAL (WITHIN INDIA)

PARALYMPIC COMMITTEE OF INDIA

INTELLECTUAL IMPAIRMENT
(DOWN SYNDROME ATHLETES CAN
PARTICIPATE IN THE INTELLECTUAL
IMPAIRMENT CATEGORY
PROVIDED THEY ACHIEVE THE
QUALIFYING STANDARD)

INAS SIVUS INDIA

II 1 – INTELLECTUAL IMPAIRMENT
II 2 – DOWN SYNDROME
II3 – AUTISM (NO INTELLECTUAL
IMPAIRMENT)

Our objective is to create opportunities for **ALL** irrespective of One's disability. Everyone is entitled to play a sport as per their choice, desire and ability. It can be for leisure/recreation or for competition. For the benefit of the athletes and for opportunities for ALL, there are **THREE** levels of **Registration/Eligibility** in **INAS SIVUS INDIA** i.e.

Provisional Registration | National Registration | International Registration

The International Registration form used by Virtus WIIS has been developed after research and to adhere with the International Paralympic Committee. The same format is being used for Provisional and National Registration as well. The Athlete Applications will be first received by the respective State Member and will be forwarded to Eligibility, INAS SIVUS INDIA by the respective State Member. **The procedure and documents required for Athlete Registration is that as required by Virtus WIIS and the International Paralympic Committee.**

Provisional Registration

Provisional registration is the first level of registration. With Provisional Registration, the athletes are eligible to participate in INAS SIVUS INDIA City, State and National Games which is aimed at encouraging participation. The Athletes **WILL NOT be ELIGIBLE** for competitive INAS SIVUS INDIA State & National Games, Paralympic State & National games and International Games. There is no registration fee for Provisional Registration. The Athlete Application form is the same for Provisional and National registration. The athlete can upgrade to National registration at any point of time by submitting the required documents. Time taken by INAS SIVUS INDIA to process the application for Provisional Eligibility is one – two weeks.

Evidential Requirements for Provisional Registration

- 1) IQ Certificate
- 2) Copy of the Birth Certificate
- 3) Photographic id - Copy of passport/aadhaar card
- 4) Special School student id (if available)
- 5) Disability certificate
- 6) **DOWN SYNDROME ATHLETES - Karyotype/Cytogenetic test**

National Registration

National Registration is the second level of registration. With National Registration, the athlete will be Eligible to participate in competitive games i.e. Sivus India State & National Games and Paralympic State and National Games. The athlete will have to apply for PCI Licence to participate in Paralympic Games within India. The documents to be submitted for National Registration are more detailed in nature. The procedure followed is the same as prescribed by Virtus WIIS and International Paralympic Committee. The Athlete Application form is the same for Provisional and National registration. At any point of time the athlete can upgrade from National to International registration. Time taken by INAS SIVUS INDIA to process the application for National Eligibility is two – four weeks. There is a nominal registration fee and annual renewal fee.

International Registration

International Registration is the third level of registration. To apply for International Registration, an athlete will first have to apply for National registration and then only can one apply for International Registration. With International Registration, an athlete is eligible to compete in Virtus Regional and World Championships. The athlete is also eligible to apply for IPC Licence through the Paralympic Committee of India. The documents to be submitted are same as submitted for National Registration. For International Registration, TSAL (Training Sports Activity Limitations) is also to be submitted which is one of the requirements of the International Paralympic Committee. TSAL is an online form to be filled by the Coach of the Athlete. Time taken by **Virtus** to process the application for International Eligibility is one month – 3 months. There is a registration fee and a yearly renewal fee to be paid to Virtus.

Evidential Requirements for National and International Registration

- 1) Psychological and Adaptive Behaviour assessment - A detailed IQ assessment of the athlete must be administered by a registered and practicing psychologist. The report should also include the score/working sheets of the tests administered. If there already exists a detailed report, it can be submitted, provided the report is not older than 5 years.
- 2) Copy of the Birth Certificate (If birth certificate is not available, then a notarized copy of an affidavit mentioning the date of birth of the athlete).
- 3) Photographic id - Copy of passport/aadhaar card
- 4) An older IQ report (if available) - this is to ensure that the athlete was diagnosed with intellectual disability before the age of onset(18years)
- 5) Special School student id (if available)
- 6) Disability certificate (if available)
- 7) **DOWN SYNDROME ATHLETES - Karyotype/Cytogenetic test**
- 8) **HIGH FUNCTIONING AUTISM ATHLETES – A detailed assessment of Autism. Athletes with intellectual disability DO NOT require an autism report.**